



Philippine College of Chest Physicians

a sub-specialty society of the Philippine Medical Association (PMA)

Advancing the Frontiers of Pulmonary
Medicine in the Philippines

CERTIFICATION

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This is to certify that **NAZARIO A. MACALINTAL JR.** is a Fellow of the Philippine College of Chest Physicians. This is to further certify that Dr. Macalintal has fulfilled the requirement for membership in good standing, i.e., prompt payment of dues, completion of the minimum number of CME credit units, attendance annual/midyear conventions of the College.

This certification is being issued upon the request of Dr. Macalintal for whatever purpose it may serve him.

6th day of June 2011, Quezon City.

MA. ENCARNITA B. LIMPIN
MA. ENCARNITA BLANCO LIMPIN, MD, FPCCP
President

MINI-MENTAL STATE EXAMINATION (MMSE) TEST OUTLINE AND SCORE

I. Orientation (Maximum score: 10)

Ask "What is today's date?". Then ask specifically for parts omitted, such as "Can you also tell me what season it is?"

Ask: "Can you tell me the name of the hospital?"

"What floor are we on?"

"What town (or city) are we in?"

"What province are we in?"

"What country are we in?"

Date (e.g., January 21) _____

Day (e.g., Monday) _____

Month _____

Year _____

Season _____

Hospital _____

Floor _____

Town/City _____

Province _____

Country _____

II. Registration (Maximum score: 3)

Ask a patient if you may test his/her memory. Then say, "mango", "table", "coin", clearly and slowly, allowing out one second for each. After you have said all three words, ask the patient to repeat them. This first repetition determines the score (0-3), but continue to say them (up to six trials" until the patient can repeat all three words. If he/she does not eventually learn all three, recall cannot be meaningfully tested.

Mango _____

Table _____

Coin _____

Number of trials _____

III. Attention and Calculation (Maximum score: 5)

Ask the patient to spell the word "world" backwards (d, l, r, o, w).

Score one point for each correctly placed letter e.g. DLROW=5, DLORW=3.

Record how the patient spelled "world" backwards: _____

D L R O W

Number of correctly placed letters _____

IV. Recall (Maximum score: 3)

Ask the patient to recall the three words you previously asked him/her to remember (learned in Registration).

Mango _____

Table _____

Coin _____

V. Language (Maximum score: 9)

Naming: Show the patient a wristwatch and ask "What is this?" Repeat for pencil. Score one point for each item named correctly.

Watch _____

Pencil _____

Repetition: Ask the patient to repeat "No if's, and's or but's." Score one point for correct repetition.

Repetition _____

Three-stage command: Give the patient a piece of blank paper and say "Take the paper in your right hand, fold it in half and put it on the floor." Score one point for each action performed correctly.

Takes in right hand _____

Folds in Half _____

Puts on Floor _____

Reading: On a blank piece of paper, print the sentence "Close your eyes" in letters large enough for the patient to see clearly. Ask the patient to read it and do what it says. Score correctly only if he/she actually closes his/her eyes.

Closes eyes _____

Writing: Give the patient a blank piece of paper and ask him/her to write a sentence. It is to be written spontaneously. It must contain a subject and verb and make sense. Correct grammar and punctuation not necessary.

Writes Sentence _____

Copying: On a clean piece of paper, draw intersecting pentagons as illustrated, each side measuring about 1 inch, and ask the patient to copy it exactly as it is. All 10 angles must be present and two must intersect to score 1 point. Tremor and rotation are ignored.

Draws Pentagons _____

Score: Add number of correct responses (Maximum total score: 30)

Total Score _____

Score 27-30 Normal score < 27 Impaired Cognitive Function

* Adapted from Folstein MF, Folstein SE, and Mchugh PR. Mini-Mental State: a practical method for grading the cognitive state patients for the clinician. J. Psychiatry Res 1975; 12:196-198 and Cockrell JR, and Folstein MF. Mini-Mental State Examination (MMSE) Psychopharm Bull. 1988;24 (4) 689-692.

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CERTIFICATION

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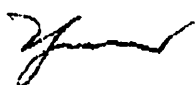
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This is to certify that **DR. NAZARIO A. MACALINTAL, JR.**, is a Fellow and Diplomate of the Philippine College of Physicians. This is to further certify that Dr. Macalintal, Jr., has fulfilled the requirements for membership in good standing, i.e., prompt payment of dues, completion of the minimum number of PCP-CME credit units, attendance in annual/mid year conventions of the College for the Fiscal Year 2009-2010.

This certification is being issued upon the request of Dr. Macalintal Jr., for whatever purpose it may serve him.

18 January 2010, City of Pasig, Metro Manila.

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- Philippine College of Chest Physicians
 - Philippine Heart Association
 - Philippine Rheumatology Association
 - Philippine Society of Allergology, Asthma and Immunology
 - Philippine Society of Endocrinology and Metabolism
 - Philippine Society of Gastroenterology
 - Philippine Society of Hematology and Blood Transfusion
 - Philippine Society of Infectious Diseases
 - Philippine Society of Microbiology
 - Philippine Society for Microbiology and Infectious Diseases
 - Philippine Society of Nephrology
 - Philippine Society of Pediatric Medicine
 - Diabetes Philippines
 - Philippine Society of Nephrology
 - Philippine Neurology Association
 - Philippine Dermatological Society


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 - Western Visayas Region - Iloilo
 - Negros Oriental
 - Northern Mindanao
 - Southern Mindanao
 - Western Mindanao